

## The Vaccine Friendly Plan

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Book Review: The Vaccine-Friendly Plan WHAT MY NEW BOOK IS ALL ABOUT \The Vaccine Friendly Plan! | Dr. Paul MY MESSAGE to the WORLD \The Vaccine Friendly Plan! (Book Launch) | Dr. Paul What Is the Harm in Delaying or Spacing out Vaccines? Alternate Vaccine Schedules- Pregnancy w/026 Parenting- ModernMomFirst-With-Kids- Spacing-out-vaccines—UNW-Children’s-Hospital Is the Aluminum in Vaccines Safe? **THE TRUTH ABOUT VACCINES… (Can you handle it?) The Most Honest Book Promo EVER!** | Dr. Paul Vaccines: Separating Myth from Reality - Paul Krogstad, MD | UCLA Women’s Health Conference WE NEED TO TALK ABOUT COVID-19 AGAIN… | Dr. Paul **THE MEASLES OUTBREAK… (How Scared Should You Be)** | Dr. Paul **HEAD STAPLE REMOVAL GONE WRONG!** | Dr. Paul**SHE DISLOCATED HER ELBOW!** | Dr. Paul **DOG BITE To The FACE!** (Hilarious Kid Tells the Story) | Dr. Paul**A CRAZY DAY IN THE LIFE of a busy pediatrician (6am-9:45pm)** | Dr. Paul **DR. PAUL GET’S AN INNER EAR MASSAGE WITH HIS PATIENT (he struggles to) CUTE KID (with Fifth Disease) CAN’T STOP LAUGHING** | Dr. Paul **WE FOUND A TICK IN HIS BACK!!!** | Dr. Paul**HOW TO STOP TANTRUMS FOREVER!** (3 Easy Steps) | Dr. Paul **WORST PINK EYE EVER?** | Dr. Paul **CRYING TWIN BABIES INSTANTLY COMFORTED BY PEDIATRICIAN (The Baby Whisperer)** | Dr. Paul **Coronavirus: How Canada plans to distribute the COVID-19 vaccine** Live with Dr Paul **HUGE ANNOUNCEMENT!!! (The Truth About Vaccines)** | Dr. Paul **Talking About Vaccines with Dr. Paul Offit: News Briefs – August 2017 – HPV Vaccine/Chronic Diseases** **CUTE BABIES** **w0026 KIDS COMPILATION (Part 2)** | Dr. Paul **MASSIVE CHANNEL UPDATE… (Things Will Be Very Different for a While)** | Dr. Paul **Why Do Newborns Get the Hepatitis B Vaccine? PLANKING CHALLENGE! (63 Year Old vs 14 Year Old)** | Dr. Paul *The Vaccine Friendly Plan* In The Vaccine-Friendly Plan, Paul Thomas, M.D., presents his proven approach to building immunity: a new protocol that limits a child’s exposure to aluminum, mercury, and other neurotoxins while building overall good health. Based on the results from his pediatric practice of more than eleven thousand children, as well as data from other credible and scientifically minded medical doctors, Dr. Paul’s vaccine-friendly protocol gives readers

*The Vaccine-Friendly Plan: Dr. Paul’s Safe and Effective …*

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*The Vaccine-Friendly Plan by Paul Thomas, M.D., Jennifer …*

The Vaccine-Friendly Plan, Paul Thomas, M.D., is a vaccine-friendly doctor, knowledgeable about both the latest scientific research and the community’s disease exposure, and respectful of a family’s risk factors, health history, and concerns. In The Vaccine-Friendly Plan, he presents his proven approach to building immunity, a new protocol that limits a child’s exposure to aluminum, mercury, and other neurotoxins while building overall good health.

*The Vaccine-Friendly Plan – DR. PAUL THOMAS MD*

the vaccine-friendly plan A Compassionate, Holistic Approach To Recovery Dr. Paul wrote a best-selling book (co-authored with Jennifer Margulis, PhD) The Vaccine-Friendly Plan: Dr. Paul’s Safe and Effective Approach to Immunity and Health – from Pregnancy through your Child’s Teen Years, published in 2016 by Ballantine Books.

*Dr. Paul Approved*

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*The Vaccine-Friendly Plan: Dr. Paul’s Safe and Effective …*

The Vaccine-Friendly Plan presents a new standard for pediatric care, giving parents peace of mind in raising happy, healthy children. Praise for The Vaccine-Friendly Plan “Finally, a book about vaccines that respects parents! If you choose only one book to read on the topic, read The Vaccine-Friendly Plan.

*The Vaccine-Friendly Plan by Thomas, Paul (ebook)*

The Vaccine-Friendly Plan is the latest book about vaccines that claims to offer a “safe and effective approach to immunity and health.” What’s the problem with it? In addition to the fact that there doesn’t seem to be any evidence in the book to support that any of its ideas are indeed safe or effective, the book pushes just about every anti-vaccine talking point out there today.

*The Vaccine-Friendly Plan Book Review - VAXOPEDIA*

Since 2008, Dr. Paul and the team at Integrative Pediatrics LLC have been using the plan outlined below. Combining this vaccine plan with exclusive breastfeeding, eating a diet of real food, getting enough vitamin D, exercising, and avoiding toxins like acetaminophen, aspartame, and glyphosate, the children in his practice have experienced superior health, and a significantly lower rate of autism (0 in 1176) than the national average, which is 1 in 45.

*Dr Paul Approved Vaccine Plan*

The Vaccine-Friendly Plan was written primarily to inform those who are thinking they want to follow the CDC schedule, that there may be a safer way to vaccinate.

*Immunizations - INTEGRATIVE PEDIATRICS*

VaccineFinder will be updated once COVID-19 vaccination is widely available to the public to help direct people to find a vaccine provider near them. In the United States, there is currently no approved vaccine to prevent COVID-19.

*VaccineIndor*

The Vaccine-Friendly Plan, Portland, Oregon. 25K likes. A community for people interested in learning about health choices, medical science, avoiding toxins, and proven ways to help children survive…

*The Vaccine-Friendly Plan - Home | Facebook*

Oklahoma teachers and schools support staff could begin to be offered COVID-19 vaccines as soon as January. Gov. Kevin Stitt on Thursday announced K-12 teachers and other school employees who interact with students will move up a step in the state’s vaccine distribution plan. Teachers and schools support staff will move from Phase 3 to Phase 2 of the plan.

*89,000 teachers gain priority in Oklahoma’s vaccine plan*

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*?The Vaccine-Friendly Plan on Apple Books*

The Vaccine-Friendly Plan presents a new standard for pediatric care, giving parents peace of mind in raising happy, healthy children. PLEASE NOTE: When you purchase this title, the accompanying reference material will be available in your Library section along with the audio. ©2016 Paul Thomas, MD, and Jennifer Margulis, PhD (P)2016 Tantor

*The Vaccine-Friendly Plan by Paul Thomas MD, Jennifer …*

The Vaccine-Friendly Plan: Dr. Paul’s Safe and Effective Approach to Immunity and Health-from Pregnancy Through Your Child’s Teen Years by Paul Thomas M.D., Jennifer Margulis Ph.D.

*The Vaccine-Friendly Plan: Dr. Paul’s Safe and Effective …*

The Centers for Disease Control and Prevention (CDC) required all states and territories to turn in an interim plan for COVID-19 vaccine distribution on Oct. 16, 2020. These plans are living documents and will change over time as we learn more about the vaccines and figure out the most equitable way to protect people.

*Vaccine Information :: Washington State Department of Health*

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*The Vaccine-Friendly Plan - eBook - Walmart.com*

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*The Vaccine-Friendly Plan by Paul Thomas: Jennifer Margulis*

Austin Officials Outline Coronavirus Vaccine Distribution Plan … This is a space for friendly local discussions. No racist, discriminatory, vulgar or threatening language will be tolerated.

An accessible and reassuring guide to childhood health and immunity from a pediatrician who’s both knowledgeable about the latest scientific research and respectful of a family’s risk factors, health history, and concerns In The Vaccine-Friendly Plan, Paul Thomas, M.D., presents his proven approach to building immunity: a new protocol that limits a child’s exposure to aluminum, mercury, and other neurotoxins while building overall good health. Based on the results from his pediatric practice of more than eleven thousand children, as well as data from other credible and scientifically minded medical doctors, Dr. Paul’s vaccine-friendly protocol gives readers - recommendations for a healthy pregnancy and childbirth - vital information about what to expect at every well child visit from birth through adolescence - a slower, evidence-based vaccine schedule that calls for only one aluminum-containing shot at a time - important questions to ask about your child’s first few weeks, first years, and beyond - advice about how to talk to health care providers when you have concerns - the risks associated with opting out of vaccinations - a practical approach to common illnesses throughout the school years - simple tips and tricks for healthy eating and toxin-free living at any age The Vaccine-Friendly Plan presents a new standard for pediatric care, giving parents peace of mind in raising happy, healthy children. Praise for The Vaccine-Friendly Plan “Finally, a book about vaccines that respects parents! If you choose only one book to read on the topic, read The Vaccine-Friendly Plan. This impeccably researched, well-balanced book puts you in the driver’s seat and empowers you to make conscientious vaccine decisions for your family.”–Peggy O’Mara, editor and publisher, Mothering Magazine “Sure to appeal to readers of all kinds as a friendly, no-nonsense book that cuts through the rhetoric surrounding vaccines. It offers validation to those who avoid some or all, while offering those who do want to vaccinate help on how to do so safely. This is a great book for anyone with children in their lives.”–Natural Mother “A valuable, science-supported guide to optimizing your child’s health while you navigate through complex choices in a toxic, challenging world.”–Martha Herbert, M.D., Ph.D., Harvard Medical School “An impressively researched guide, this important book is essential reading for parents. With clear and practical advice for shielding children from harmful toxins, it will compel us all to think differently about how to protect health.”–Jay Gordon, M.D., FAAP “Rather than a one-size-fits-all vaccine strategy, the authors suggest thoughtful, individualized decisions based on research and collaboration between parents and clinicians—a plan to optimize a child’s immune system and minimize any risks.”–Elizabeth Mumper, M.D., founder and CEO, The Rimland Center for Integrative Pediatrics “This well-written and thought-provoking book will encourage parents to think through decisions—such as food choices and the timing of vaccines—that affect the well-being of their children. In a world where children’s immune systems are increasingly challenged, this is a timely addition to the literature.”–Harriet Lerner, Ph.D., bestselling author of The Dance of Anger and The Mother Dance

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The Vaccine Book offers parents a fair, impartial, fact-based resource from the most trusted name in pediatrics. Dr. Bob DeVos each chapter in the book to a disease/vaccine pair and offers a comprehensive discussion of what the disease is, how common or rare it is, how serious or harmless it is, the ingredients of the vaccine, and any possible side effects from the vaccine. This completely revised edition offers: Updated information on each vaccine and disease More detail on vaccines’ side effects Expanded discussions of combination vaccines A new section on adult vaccines Additional options for alternative vaccine schedules A guide to Canadian vaccinations The Vaccine Book provides exactly the information parents want and needs as they make their way through the vaccination maze.

This is an essential guide for parents about vaccinations. Dr. Stephanie Cave explains their pros and cons and the book provides information to help parents make a knowledgeable, responsible choice about vaccinating their children.

Almost 70% of parents who refuse to vaccinate their children do so because they believe vaccines may cause harm. Indeed vaccines have been blamed for causing asthma, autism, diabetes, and many other conditions most of which have causes that are incompletely understood. Do Vaccines Cause That?! A Guide for Evaluating Vaccine Safety Concerns provides parents with clearly understandable, science-based information about vaccines, immunization, and vaccine safety.

"If anyone you know is struggling with addiction—or if you think you might have a problem—you want to read this book.”—GARTH STEIN, bestselling author of The Art of Racing in the Rain “a proven, comprehensive program that compassionately guides the reader to a place of resolution”—DAVID PERLMUTTER, MD, #1 New York Times bestselling author of Grain Brain, and, Brain Maker “a massive achievement and a giant step forward for addiction medicine”—ANNIE GRACE, author of This Naked Mind Opiate addiction is the single greatest public health crisis facing Americans—it affects over 2 million people and kills 115 of them every single day. Drug overdose is now the leading cause of death for Americans under fifty. Even as opiate addiction skyrockets, more people than ever before are hooked on alcohol, sedatives, cigarettes, and even screens. The face and prevalence of addiction has changed and evolved, but our solutions to addiction are stuck in the past. We’ve been treating addiction as a black or white issue, a disease you either suffer from or will never suffer from. The problem with this model is that it doesn’t account for the incredible forces working against all of us, pushing all of us toward addiction: stress, undernourishment, sleep-deprivation, vitamin D deficiency, and isolation, not to mention a flawed medical system and corrupt pharmaceutical companies doing out prescriptions at every turn. The truth: Addiction is a disease that, like many others, exists on a spectrum. We are more vulnerable to becoming addicted to substances at certain points in our lives and based on the evidence provided in The Addiction Spectrum, most effective at kicking addiction when we take a holistic approach. With the help of the 13-point plan and individual protocols detailed in this book, you have the power to change your destiny. No one understands this more than Dr. Paul Thomas, who recovered from alcohol addiction early in his career and founded one of the most effective rehabilitation centers for teens and young adults in his hometown of Portland, OR. Named one of the top family doctors and one of the top pediatricians in the country, Dr. Paul is also board-certified in both integrative medicine and addiction medicine. This unique combination of specialties is intentional: Dr. Paul has devoted his entire life and career to saving lives. Using the best conventional medicine alongside the new science of alternative health, Dr. Paul has treated thousands of patients with the life-saving solutions provided in The Addiction Spectrum. Addiction is a compendium of often devastating circumstances that have gone unchecked by society for far too long. This book is a positive light and guide to overcoming not only addiction but the challenges and obstacles that affect us all.

Public health officials state that vaccines are safe and effective, but the truth is far more complicated. Vaccination is a serious medical intervention that always carries the potential to injure and cause death as well as to prevent disease. Coercive vaccination policies deprive people of free and informed consent—the hallmark of ethical medicine. Americans are increasingly concerned about vaccine safety and the right to make individual, informed choices together with their healthcare practitioners. Vaccine Epidemic focuses on the searing debate surrounding individual and parental vaccination choice in the United States. Habakus, Holland, and Rosenberg edit and introduce a diverse array of interrelated topics concerning the explosive vaccine controversy, including the ethics of vaccination mandates, corrupting conflicts of interest in the national vaccine program, and personal narratives of parents, children, and soldiers who have suffered vaccine injury. Newly updated with additional chapters focusing on institutional scientific misconduct, mandates for healthcare workers, concerns about HPV vaccine development, and the story behind the Supreme Court’s recent vaccine decision, Vaccine Epidemic remains the essential handbook for the vaccination choice movement and required reading for all people contemplating vaccination for themselves and their children.

To preserve public vaccine policy, Dr. Paul Thomas was disbarred and discredited—discover how he was punished for pursuing the truth for his patients. On December 3, 2020, the Oregon Medical Board issued an emergency order to suspend the license of renowned physician Paul Thomas, MD. The ostensible reason was that Dr. Thomas posed a threat to public health by failing to vaccinate his pediatric patients according to the CDC’s schedule. However, the order came just days after Thomas published a peer-reviewed study indicating that his unvaccinated patients were the healthiest children in his practice. The medical board ignored this data despite having requested Thomas to produce peer-reviewed evidence to support his alternative approach. “Dr. Paul” started out practicing medicine the way he was trained to, which meant vaccinating according to the CDC’s routine childhood vaccine schedule. But then he went on a journey of awakening, becoming what he calls “vaccine risk aware,” and arrived at a place where no longer in good conscience could he continue “business as usual” with this one-size-fits-all approach. He left a private group practice to open his own clinic with the foundational principles of individualized care and respect for the right to informed consent. He wrote the Vaccine-Friendly Plan with Jennifer Margulis, PhD, to help parents navigate the decision-making process. Then the accusations from the medical board started coming. The War on Informed Consent exposes how the medical board suspended Dr. Thomas’s license on false pretexs, illuminating how the true reason for the order was that, by practicing informed consent, he posed a threat to public vaccine policy, which is itself the true threat to public health.

Provides information about how vaccines are made, why they are given, and the safety of the vaccinations given today, as well as advice for parents about vaccinations and altering vaccine schedules.

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